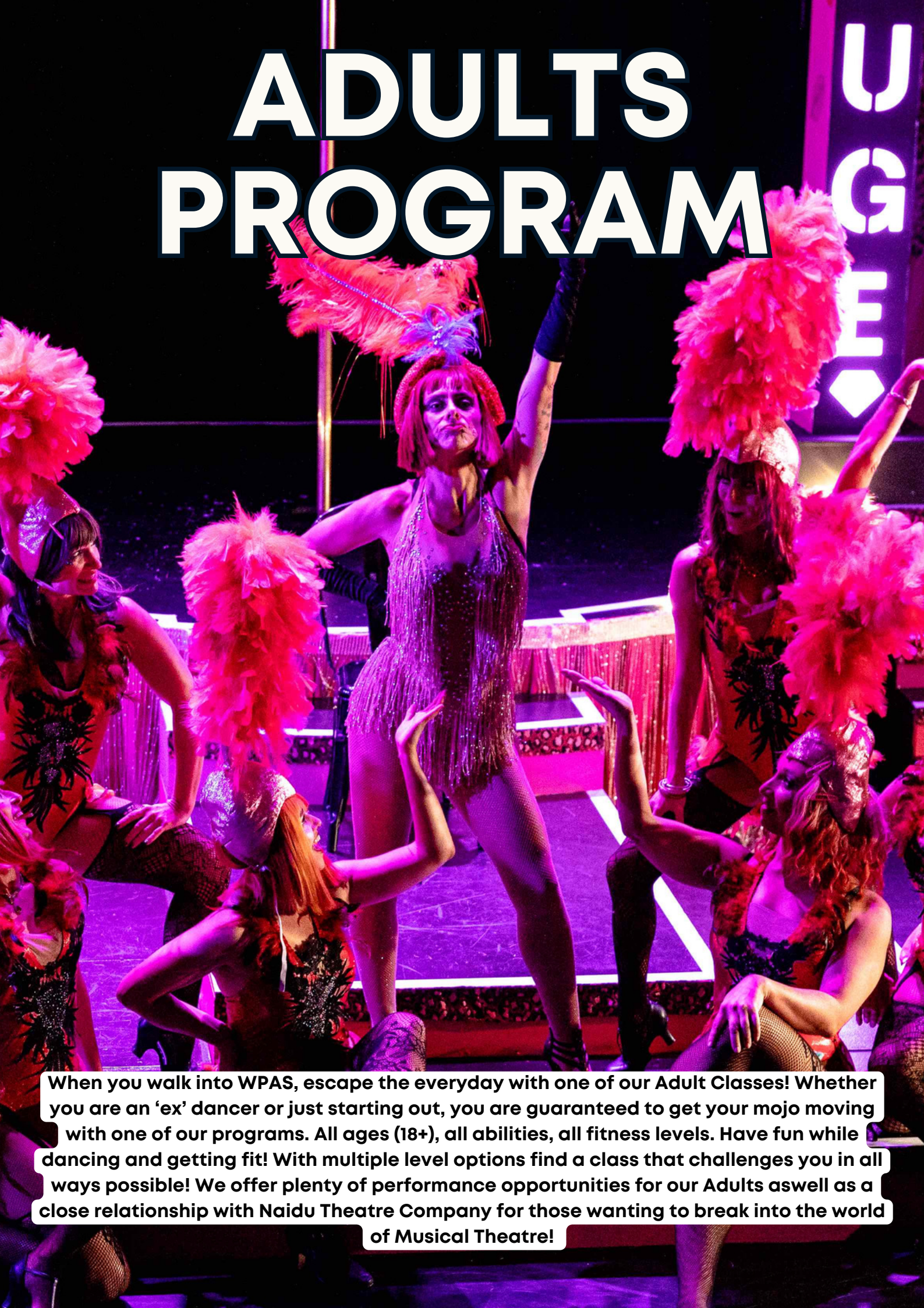


# ADULTS PROGRAM



When you walk into WPAS, escape the everyday with one of our Adult Classes! Whether you are an 'ex' dancer or just starting out, you are guaranteed to get your mojo moving with one of our programs. All ages (18+), all abilities, all fitness levels. Have fun while dancing and getting fit! With multiple level options find a class that challenges you in all ways possible! We offer plenty of performance opportunities for our Adults aswell as a close relationship with Naidu Theatre Company for those wanting to break into the world of Musical Theatre!

# ADULT CLASSES

MONDAY STUDIO 1	MONDAY STUDIO 2	FRI
SNR/ADULT OPEN BALLET 5.00 - 6.00PM  ADULT ADV JAZZ 6.00 - 7.00PM  ADULT ADV TAP 7.00 - 8.00PM	ADULT BEGINNER TAP 6.00 - 7.00PM  ADULT DANCEFIT 7.00 - 8.00PM	ADULT ROUGE CLASS (LAST FRI OF EACH MONTH) 7.30 - 8.30PM

**Adult Dancefit-** our Dancefit students are building on the basics of dance technique to popular and old school music while having fun! Some examples of the techniques our Jazz students will learn include turns, kicks, leaps and body isolations, combinations, strength, flexibility and coordination.

**Adult Advanced Jazz** - Challenge yourself with Adult Advanced Jazz and further develop your technique to prepare for performances, auditions or just for the challenge! Focussing on traditional and commercial jazz techniques including Kicks, Leaps and Turns.

**Adult Beginner Tap** - our beginner tap classes will have adults learning the basics of tap technique, developing style, accent, and building on their sense of rhythm and confidence in performances. Our tappers love dancing to popular age-appropriate music and getting LOUD!

**Adult Advanced Tap** - Progress your tap skills to the next level and take on more challenging steps, combinations and routines in Adult Advanced Tap.

**Adult Ballet** - Our Adult ballet class is a fusion of Ballet, yoga and contemporary techniques. The focus will be on training, strength, power and flexibility. It is for those who have danced before - or those who want to learn.

**Adult Musical Theatre & Acting** - Our adult theatrical classes cover all stage and acting techniques. A must for anyone looking to further their creative career or those who wish to be the best at their hobby; students also work on writing and producing their own productions!

**Adult Rouge** - Enjoy a night at the WPAS Moulin Rouge and learn sensual styles such as Heels, Cabaret, Burlesque & and Commercial Dance. Only held once a month, our Adult Rouge classes are inspired by Artistic Director Jade Naidu's original sold-out show 'The Rouge Diamond Cabaret.'