

## PRODUCTION HANDBOOK

WONDERLAND SCRIPT CHARACTERS

PERFORMING ONSTAGE SAT 30TH NOV & SUN 1ST DECEMBER

SATURDAY 30TH NOVEMBER & SUNDAY 1ST DECEMBER THE WIIGULGA SPORTS COMPLEX, WOOLGOOLGA

## **WELCOME TO WONDERLAND!**

We are always excited to bring performance opportunities to our students; performing onstage is a fun part of our work! At WPAS, we are 100% aligned with our parents and families - we want to provide an incredibly positive experience for our students and children, which is why our December Productions are so fun! It will be an amazing time; yes, it's a busy time of year, but we are all here together and will take care of each other. Please ask us any questions you have, as we want this to be a smooth, easy and enjoyable process for you as well! All of this information may feel daunting - but we are here to communicate everything you need to know so that you and your child are equally for this exciting experience

## WHAT'S IN THE HANDBOOK:

- All Rehearsal times, dates and information
- Hair, Make-up & Costume Requirements
- Ticket & Production Information

THIS HANDBOOK BELONGS TO:

## **CALENDAR DATES FOR NOVEMBER & DECEMBER DATES EVENT VENUE** WPAS Sunday 17th November Wonderland Costume Rehearsal Tuesday 26th Nov Wonderland Primary/Junior Stage Rehearsal Wiigulga Sports Complex Wiigulga Sports Complex Thursday 28th Nov Wonderland Inter/Inter Adv Stage Rehearsal Friday 29th Nov Wonderland Inter/Inter Adv Technical Rehearsal Wiigulga Sports Complex Saturday 30th Nov Wonderland Primary/Jnr Technical Rehearsal Wiigulga Sports Complex Saturday 30th Nov Wonderland Production (Act 1 6pm / Act 2 7.30pm) Wiigulga Sports Complex Sunday 1st Dec Wonderland Production (Act 1 11am / Act 2 Wiigulga Sports Complex 12.30pm) No regular classes at WPAS (only Thurs/Fri Monday 25th Nov -Friday 29th Nov Rehearsals) Monday 2nd Dec -Last week of classes at WPAS & Christmas Parties in WPAS Saturday 7th Dec Classes

WPAS CONTACTS			
STAFF	CONTACT		
JADE NAIDU (ARTISTIC DIRECTOR)	info@naiduperformingarts.com / 0417698914		
TRACY DUNN (OFFICE MANAGER)	accounts@woolgoolgaperformingartsstudio.com & info@woolgooglaperformingartsstudio.com / 0417698914		
JACKSON GRAY (BUSINESS MANAGER)	info@woolgooglaperformingartsstudio.com / 0439987748		

WONDERLAND SCRIPT CHARACTERS					
NOITE EITE AUG					
Assistant Director: Tamsyn Robin	Assistant Choreographer: Charlotte Wiblen				
Dahlia Hanrahan - Alice	Riley Bursle - Peter Pan				
Jude Jessup - Andrew	Bonnie Hammond - Tinkerbell				
Emerald Ralph - Cheshire Cat	Ari Tarleton Grant - Mad Hatter				
Freya Hannaford - Queen of Hearts	Mimi Kyburz - Tall Alice				
Edie McDonough - Dodo	Alessi Lee - The Cook				
Everly Baker - The Duchess	Nicholas McAra - The Doormouse				
Isla gourley - Tweedle Dum	Amelia Peick - White Rabbit				
Evie Hollywood - Tweedle Dee	Jentah Ngiau - King - Small Alice				
lggy Dworjanyn - March Hare	Camilla Foldes - Lostboy Foldes				
Spencer Locke - King of Hearts	Isla Miler - Lostboy Curly				
Millie Latham - Mother	Arabella Beadle - Lostboy Latch				
Lily Reid - Queen of Spades	Joy Mclean - Lostboy Pockets				
Ellouise - Queen of Diamonds	Ellie Pleaner - Lost Boy (Rufio)				
Sabine Evanwood - Queen Clubs	Molly Black - Jack of hearts				

# HIGHLIGHT WHICH CLASSES YOUR CHILD IS IN SO YOU KNOW HOW TO READ THEIR SCHEDULES & PURCHASE THE CORRECT TICKET(S)

INTER/ADV CLASSES/SOLOS IN ACT TWO ONLY
Inter Adv/Teen MT Thursday
Jnr Inter Tap Tues
Inter Lyrical/Contemp Tues
Inter Adv Contemp Monday
10s Junior Eisteddfod Team
Mimi Solo
Zoe & Mali Duet
Riley & Bonnie Duet
Maya Brand Solo
Lost Boy Characters
Wonderland Characters + Lost Boys

## **INTER/ADV ACT ONE STUDENTS BY NAME**

## INTER/ADV ACT TWO STUDENTS BY NAME

## **INTER ADV MT SAT**

Pippa Anders, Everly Baker, Molly Mae Black, Riley Bursle, Ellouise Eggins, Isla Gourley, Freya Hannaford, Evie Hollywood, Jude Jessup, Mimi Kyburz, Alessi Lee, Nicholas McAra, Amelia Peick, Emerald Ralph

## **INTER MT THURSDAY**

Emma Brissett, Iggy Dworjanyn, Sabine Evanwood, Camilla Foldes, Sadie Hardaker, Chloe Henwood, Spencer Locke, Edie McDonough, Helyna Page, Florence Pelmore, William Thompson, Mia Ursenbacher

## **INTER KLT TUES**

Dahlia Hanrahan, Emily Hutton, Saachi Hyland-Kandola, Lara Johnstone, Aria Murdock, Ada Tierney

## **INTER ADV HIP HOP MONDAY**

Everly Baker, Mia berger, Ellouise Eggins, Mila Mitchell, Sienna Perrie

## **INTER ADV KLT MONDAY**

Zoe Ashcroft, Savannah Bailey, Maya Brand, Freya Hannaford, Mimi Kyburz, Sari Pearson, Taylah Pitt

## **GRADE 3 BALLET THURSDAY**

Everly Baker, Riley Bursle, Dahlia Hanrahan, Saachi Hyland-Kandola, Mimi Kyburz, Aria Murdock, Ari Tarleton-Grant, Mia Ursenbacher, Ella Wakefield

## **GRADE % BALLET TUES**

Everly Baker, Bonnie Hammond, Mimi Kyburz, Tamsyn Robin, Ella Wakefield, Charlotte Wiblen

## **INTER ADV LYRICAL MONDAY**

Emily Ashcroft, Savannah Bailey, Everly Baker, Maya Brand, Freya Hannaford, Evie Hollywood, Mimi Kyburz, Sari Pearson, Taylah Pitt, Mali Purser, Mahli Webb, Sophee Williams

## **INTER ADV/TEEN MT THUR**

Lacey Keam, Millie Latham, Eve Mason, Amelia Peick, Lily Reid, Ari Tarleton-Grant, Isabella Waldron

## **JNR/INTER TAP TUES**

Ella Breed, Piper Burke, Leo Bursle, Ciara Hannaford, Lara Johnstone, Mikaela Keam, Charlene King, Olivia Miller, Avril Murdock

## **INTER LYRICAL/CONTEMP TUES**

Ivy Ashcroft, Emma Brissett, Sabine Evanwood, Josie Fidge, Dahlia Hanrahan, Zali Hollywood, Emily Hutton, Saachi Hyland-Kandola, Mila Jimenez, Kara Johnstone, Billie Martin, Aria Murdock, Bronte Quigley, Ada Tierney, Ella Wakefield

## **INTER ADV CONTEMP MONDAY**

Emily Ashcroft, Zoe Ashcroft, Alice-Violet Balaz, Isla Hastie, Evie Hollywood, Sophee Williams

## **U10S EIST TEAM**

Ella Breed, Piper Burke, Leo Bursle, Savannah Devlin, Evelyn Ewart, Ciara Hannaford, Dahlia Hanrahan, Emily Hutton, Lara Johnstone, Olivia Miller, Aria Murdock, Avril Murdock, Ella Wakefield

# HIGHLIGHT WHICH CLASSES YOUR CHILD IS IN SO YOU KNOW HOW TO READ THEIR SCHEDULES & PURCHASE THE CORRECT TICKET(S)

PRI/JUNIOR CLASSES IN ACT ONE ONLY	PRI/JUNIOR CLASSES IN ACT TWO ONLY
Pri / Jnr Tap Saturday	Pri/Jnr Hip Hop SAT
8s Primary Eisteddfod Team	Maya Brand Solo
Primary Adv MT Saturday	Zoe & Mali Duet
Pre Primary Ballet Wed	Jnr/Int Hip Hop WED
Grade 1-2 Ballet Saturday	Jnr KLT
Primary Combo Mon	Jnr Lyrical/Contemp
Primary Combo Saturday	Jnr Adv MT Sat
Fairy Feet Ballet Tuesday	Pri Adv Ballet Saturday
Ella Wakefield Solo	Mimi Solo / Olivia, Ella, Ivy Trio
Saachi & Emily Duet	Riley & Bonnie Solo
Wonderland Characters (Except Lost Boys)	Wonderland Characters + Lost Boys

## **ACT ONE ONLY**

## Primary/Jnr Tap Sat

Arleigha Corrigan, Joy Mclean, Charlie Walsh, Oak Walters, Elsie White

## U8s Eist Team

Ella Breed, Piper Burke, Leo Bursle, Savannah Devlin, Evelyn Ewart, Ciara Hannaford, Olivia Miller

## Primary Adv MT Sat

Ted Boughton-Dent, Mia French, Leo Lawrence, Savannah Miller, Emilia Nyhan, Elsie White

## Pre Primary Ballet WED

Saylor Ann Newton, Remi Ralph, Marlee Vincent, Sophie Vincent

## Grade 1 2 Ballet Sat

Ella Breed, Emma Brissett, Piper Burke, Leo Bursle, Georgina Dencker, Ciara Hannaford, Lara Johnstone, Lily Marsh, Joy McLean, Olivia Miller, Rosie Wyatt

## **Primary Combo MON**

Erin Armour, Chloe Austin, Marley Chessher, Joni Hansell, Saylor Ann Newton, Calla Ruff, Shadow Slater, Scout Spyve, Olivia Wadley, Luana White, Sage Williams

## **Primary Combo SAT**

Eadie Blanshard, Isabelle Bourne, Zoey Diamond, Annabelle Hadlow, Mila Kearney, Netahi Ngiau-Keng,

Somara Schlitz, Frankie Teale-Zorzit, Clancy Walsh

## Fairy Feet Ballet Tues

Stella Hood, Romolo Lawler-Parker, Winnie McLeod, Vida Messer, Remi-Rose Perkins, Anna Sayers, Abigail Smith, Laylee Smith

## ACT 2 ONLY

## Primary/Junior Hip Hop SAT

Piper Burke, Georgina Dencker, Olivia Miller, Savannah Miller, Florence Pelmore, Charlie Walsh, Oak Walters, Elsie White

## Junior/Inter Hip Hop Wed

Indie Bradley, Edie McDonough, Layla Pearson, Madison Sinclair, Lillian stone, Aaliyah Teale-Zorzit, Elyse Thick

Junior KLT Kate Boettiger, Ella Breed, Piper Burke, Arleigha Corrigan, Savannah Devlin, Bliss Evans, Evelyn Ewart,

Emerald Fidge, Ciara Hannaford, Miya Jones, Alexis Keating, Meikah Kempshall, Eva Marsh, Lily Marsh, Olivia Miller, Imogen Muggleton, Avril Murdock, Calla-Lily Perkins, Frankie May Spyve

Junior Lyrical/Contemp Kate Boettiger, Ella Breed, Piper Burke, Evelyn Cockroft, Arleigha Corrigan, Savannah Devlin, Bliss Evans, Evelyn Ewart, Layla Forbes, Imogen Muggleton, Avril Murdock, Calla-lily Perkins, Frankie May Spyve, Kylah Townley

## Jnr Adv/ Inter MT SAT

Savannah Bailey, Arabella Beadle, Ella Breed, Savannah Burrows, Arleigha Corrigan, Charlene King, Joy McLean, Olivia Miller, Isla Miller, Aria Murdock, Eve Nash, Jentah Ngiau-Keng, Ellie Pleaner, Aaliyah Teale-Zorzit

## Primary Adv Ballet

Savannah Miller, Ailey Murdock, Lotus Smith

## **PURCHASING YOUR TICKETS**

We understand it's a financial burden to have to purchase tickets to see your child in both shows. We recommend purchasing tickets for the 'main' show your child has the most items to perform in. The acting scenes and solos they are performing are the same for each show however the class dances and songs vary for both shows. Whichever show your child performs most onstage will be the one to see! We have a 'standing room' option for the alternate show which means you are welcome to come and watch in the standing room area (or drop them off for the show and pick them up when it's finished.) TICKETS ONSALE FRIDAY 8TH NOV

TICKETS: https://www.trybooking.com/CWVZH



## 1. HOW TO BUY AN ACT ONE TICKET/SEAT

Adult: \$28.00 Child U14: \$25.00

- ➤ Click: Saturday 30th Nov
- ➤ Click: Act One Ticket Select (the first option)
- ➤ Select your seating option
- ➤ Select how many Act One Adult / Child ➤ Tickets
- > Select your seats, select 'next'
- ➤ Checkout

If you need to go back, scroll down to the bottom of the Checkout and click 'back' on the left hand side'

## 2. HOW TO BUY AN ACT TWO TICKET/SEAT

Adult: \$28.00 Child U14: \$25.00

- ➤ Click: Saturday 30th Nov
- ➤ Click: Act Two Ticket Select (the second option)
- ➤ Select your seating option
- ➤ Select how many Act Two Adult / Child ➤ Tickets
- > Select your seats, select 'next'
- ➤ Checkout

If you need to go back, scroll down to the bottom of the Checkout and click 'back' on the left hand side'

## 3. HOW TO BUY A FULL SHOW TICKET (ACT ONE AND ACT TWO)

Adult: \$33.00 Child U14: \$30.00

To purchase a ticket for the whole show, you must select an Act One Ticket and an Act Two Ticket.

This ensures that you get the same seat for both acts, as some people will only have seats for one act, allowing other families to purchase those seats for the next act.

- ➤ Follow the 2 steps above to purchase an Act One and Act Two ticket
- ➤ At checkout, you should have 2x tickets per person.. 1x Ticket for Act One, 1x Ticket for Act Two
- > Use the code FULLSHOWTICKET which will change the price to the Full Show Ticket

## **Seating Options**

1) Front Row Seating ( (Premium views! These seats have a separate price)

2) General Seating (All other seats)

3) Standing Room (Parents who have to come to both Sat & Sun concerts: Please purchase seats for one main concert and select 'Multiple Show' standing ticket for the other shows if you do not wish to purchase tickets for both concerts)

Please note Trybooking adds a small ticketing fee

Students who have finished performing in Act One can watch Act Two from our allocated student area or sit on parents' laps

## SIGN UP TO BE A VOLUNTEER PARENT HELPER!

Every year we improve and refine our Volunteer Parent Helper processes and tasks, this year we are ready to implement our upgrades to create an even better experience for all!

Volunteering not only benefits the children but also strengthens the community, making the event enjoyable for everyone involved.

## Responsibilities and Tasks of Being a Parent Volunteer:

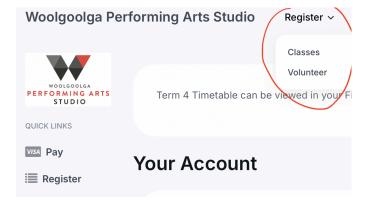
- Costume Management: Ensure all children change into their correct costumes before the performance.
- Stage Management: Assist in guiding children to the stage at the appropriate times, ensuring they are ready to perform.
- Supervision: Monitor the children during rehearsals and the concert to ensure their safety and well-being.
- Encouragement: Offer emotional support to young students, helping to boost their confidence before going on stage.

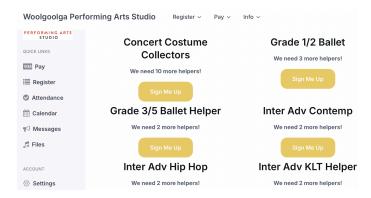
## Check out the perks to being a Volunteer Parent Helper!

- Parent helpers get a close-up view of their child's performance from the side stage, enhancing their child's stage experience and makes for lasting memories for both the parent and child.
- By volunteering, parents help create a positive atmosphere for all performers, fostering teamwork and community spirit.
- Volunteers receive a complimentary ticket to be used for another family member

## It's easy to register as a volunteer in just 3 steps!

- 1) LOG IN TO YOUR DSP PORTAL / APP
- 2) CLICK 'REGISTER' AND 'VOLUNTEER'
- SELECT THE CLASSES YOU CAN VOLUNTEER TO HELP FOR





We understand if you're unable to attend every rehearsal however we appreciate all the help we can get, if there are some days you can't make it just let us know!

## EXTRA TIPS, REMINDERS & AFTER THE PRODUCTION HAS FINISHED

## **KEEPING BELONGINGS TOGETHER**

It is recommended students bring a clearly labelled tub or wide washing basket to hold their bags and belongings in. Make your own little pack of supplies such as - extra hair spray, gel, hair elastics, bobby pins, safety pins and make up for touch-ups as required. Please ensure any medication required is packed and clearly labelled with instructions for the helpers.

## **FOOD AND DRINK**

Costumes are easily ruined by food and drink stains, please WEAR your WPAS Jacket or a 'cover-up' for when students need to eat a snack. Bring plenty of nutritious snacks and meals to keep energy up – please, NO fast food etc. Please have water bottles labelled. There is a cafe at the Complex however it's not all guaranteed what they have available but can be a last resort if needed.

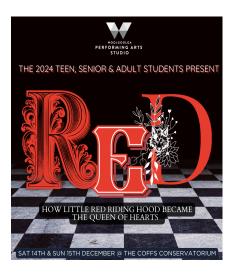
## PARENT VOLUNTEER INFORMATION

If you would like to help as a Parent Helper you are still able to watch your child from the wings - a great way to connect with your child and create a bonding experience for life.

## PICK UP / DROP OFF

Please drop off and pick up your child from our dedicated point at the south entrance of the complex. Students will not be allowed to leave the building without a parent or quardian so please collect from this same point.





## **CLASSES STILL RUN AFTER THE CONCERT**

This year, we still have a week of classes after the Concert from 2nd Dec - 7th Dec as the concert is earlier than usual. This is a great chance to share stories about the concert and enjoy a Christmas Party in class before finishing!

## SEE WHERE THE TRAINING LEADS! COME AND SEE THE SENIOR SHOW!

Don't miss out on our Senior & Adult Production 'RED" Performing at the Coffs Harbour Regional Conservatorium on Saturday 14th and Sunday 15th December. This is the perfect way to see the results of our amazing training and opportunities at WPAS as most of our Seniors have been dancing at the studio for 10+yrs. A great way to inspire your little performer and dream of where they could be next!



## Welcome to our Costume Rehearsal day for Wonderland!

A day where students learn and understand the process of wearing their costume for their routines, dances and songs. Preparing for and wearing a costume takes practise - and this is the day for it!

We make sure costumes fit well with student's stockings and dance shoes and make any adjustments to customise the costume to your child's body. This service is all included in your costume fee and we also provide the transportation, steaming and preparation of each costume for the performances so that you don't have to!

There are two Hair and Makeup tutorials held this day which are open for all students and parents to attend. We will have a camera set up and a tv screen so that you can see the finer details of how to correctly and effectively do hair and makeup. Every child is unique, how you do their hair and makeup is no different - we can teach you the generic way then help you tailor it to suit your child.

Jack and Tracy will be in the office between 10.00am and 2.00pm for all of your stockings, shoes and WPAS merch needs! It's a great opportunity to come and ask questions and gain more clarity about the Production process.

Classes scheduled for rehearsal on 17th Nov	Classes not scheduled / do not need to attend
Pri / Jnr Tap Sat Primary Adv Sat Ballet Pri/ Jnr Hip Hop SAT Primary MT Sat	Primary Combo Mon Primary Combo Sat Pre Pri Ballet Wed Fairy Feet Tues
Grade 1 2 Ballet Grade 3 / 5 Ballet Junior KLT Tues Jnr/Int Hip Hop Wed Junior Lyrical/Contemp Tues Jnr/Int Tap Tuesday Junior Adv MT Saturday 8s Eisteddfod Team	
10s Eisteddfod Team Inter Lyrical/Contemp Inter Adv Hip Hop Inter KLT Inter Adv Contemp Inter Adv KLT Inter Adv Lyrical Inter MT Thurs Inter Adv/Teen MT Thurs Inter Adv MT Sat	
Wonderland Script Characters	

## **GROUP 1 - SUNDAY 17TH NOV - COSTUME REHEARSAL DAY @ WPAS** GROUP 1: Arrive at 8.45am / Finish at 10.15am or Come to Tutorial 10.15am - 11.00am Time Class Teacher Notes 9.00am -Junior Lyrical/Contemp Tues Group 1 Students in this block: Miya Jones Amy Primary Adv Sat Ballet Amy Kate Boettiger Alexis Keating 10.15am Junior KLT Tues Amy Ella Breed Meikah Kempshall Jnr/Int Hip Hop Wed Seeana/Teg Piper Burke Eve Marsh 8s Eisteddfod Team Seeana/Teg Evelyn Cockroft Lily Marsh Arleigha Corrigan Olivia Miller Savannah Devlin Savannah Miller Bliss Evans Ailey Murdock Lotus Smith **Evelyn Ewart** Indi Bradley Layla Forbes Imogen Muggleton Edie McDonough Avril Murdock Layla Pearson Madison Sinclair Calla Lily Perkins Frankie May Spyve Lillian Stone Kylah Townley Aaliyah Teale-Zorzit Emerald Fidge Elyse Thick Ciara Hannaford Leo Bursle Savannah Devlin 10.15 -Hair, makeup, accessories tutorial for Student Break 11.00am Parents & Students

GROU	GROUP 2 - SUNDAY 17TH NOV - COSTUME REHEARSAL DAY @ WPAS						
GROUP 2:	Come to Tutorial 10.15am	- 11.00am or ar	rrive at 10.45am / Finish at 12.30pm				
Time	Class	Teacher	Notes	Notes			
10.15 - 11.00am	· · · · ·   · · · · · · · · · · · · ·						
11.00am - 12.30pm	Inter Adv Lyrical Pri / Jnr Tap Sat Inter Adv KLT Pri/ Jnr Hip Hop SAT Inter Adv Contemp Grade 1 2 Ballet	Kaity Amy Kaity Matt Kaity Jade	Group 2 Students in this block: Emily Ashcroft Zoe Ashcroft Savannah Bailey Everly Baker Maya Brand Freya Hannaford Evie Hollywood Mimi Kyburz Sari Pearson Taylah Pitt Mali Purser Mahli Webb Sophee Williams Arleigha Corrigan Joy McLean	Lily Marsh Rosie Wyatt Charlie Walsh Oak Waters Elsie White Piper Burke Georgina Dencker Olivia Miller Savannah Miller Florence Pelmore Alice-Violet Balaz Isla Hastie Ella Breed Emma Brissett Leo Bursle Ciara Hannaford Lara Johnstone			

## GROUP 3 - SUNDAY 17TH NOV - COSTUME REHEARSAL DAY @ WPAS

**GROUP 3:** Arrive at 12.15pm / Finish at 2.00pm or come to tutorial 2.00pm - 2.45pm

Time	Class	Teacher	Notes	
12.30pm - 2.00pm	Inter Adv Hip Hop 10s Eisteddfod Team Primary Adv MT Sat Inter Lyrical/Contemp Junior Adv MT Sat Inter KLT	Cleo Kaity Bec Rich Ella Billie Ella	Group 3 Students in this block: Everly Baker Mia Berger Ellouise Eggins Mila Mitchell Sienna Perrie Ella Breed Piper Burke Leo Bursle Savannah Devlin Evelyn Ewart Ciara Hannaford Dahlia Hanrahan Emily Hutton Lara Johnstone Olivia Miller Aria Murdock' Avril Murdock Ella Wakefield Ted Boughton-Dent Mia French Leo Lawrence Ellie Pleaner Aaliyah Teale-Zorzit	Savannah Miller Emilia Nyhan Elsie White Ivy Ashcroft Emma Brissett Sabine Evanwood Josie Fidge Zali Hollywood Saachi Hyland-Kandola Mila Jimenez Billie Martin Aria Murdock Bronte Quigley Ada Tierney Savannah Bailey Arabella Beadle Savannah Burrows Arleigha Corrigan Charlene King Joy McLean Isla Miller Eve Nash Jentah Ngiau-Keng
2.00pm - 2.45pm	Hair, makeup, accessorie Parents & Students	es tutorial for	Student Break	

## **GROUP 4 - SUNDAY 17TH NOV - COSTUME REHEARSAL DAY @ WPAS**

<b>GROUP 4:</b> Come to Tutorial 2.00pm - 2.45pm or arrive at 2.30pm / Finish at 4.00pm / Wonderland Characters finish at 4.30pm					
Time	Class	Teacher	Notes		
2.00pm - Hair, makeup, accessories tutorial for Parents & Students		Student Break			
2.30pm - 4.00pm 4.30pm Finish	Grade 3 / 5 Ballet Jnr/Int Tap Tuesday Inter MT Thurs Inter Adv/Teen MT Thurs Inter Adv MT Sat  Wonderland Characters	Jade Amy Bec Rich Bec Rich Jade	Group 4 Students in this block: Everly Baker', Bonnie Hammond Mimi Kyburz, Tamsyn Robin Ella Wakefield, Charlotte Wiblen Riley Bursle, Leo Bursle Dahlia Hanrahan, Saachi Hyland-Kandola Ari Tarleton-Grant, Aria Murdock Avril Murdock, Mia Ursenbacher Ella Breed, Piper Burke Ciara Hannaford, Lara Johnstone Mikaela Keam, Charlene King Olivia Miller, Emma Brissett Edie McDonough, Evie Hollywood Jentah Ngiau-Keng, Millie Latham	Iggy Dworjanyn , Sabine Evanwood Camilla Foldes , Sadie Hardaker Chloe Henwood , Spencer Locke Edie McDonough , Helyna Page Florence Pelmore , Will Thomspon Pippa Anders , Molly Mae Black Riley Bursle , Ellouise Eggins Isla Gourley , Freya Hannaford Evie Hollywood , Jude Jessup Mimi Kyburz , Alessi Lee Nicholas McAra , Amelie Peick Lily Reid , Isla Miller , Joy McLean Ellie Pleaner, Emerald Ralph Lacey Keam, Eve Mason, Isabella Waldron	

## STAGE REHEARSAL @ WIIGULGA COMPLEX TUESDAY 26TH NOVEMBER

A Stage rehearsal takes place of our usual studio classes, with full hair & makeup (but no costumes). The objective of this rehearsal is to run the full Wonderland Production in its full 'flow' for the first time so students understand how the show works and get to watch each other for the first time! This rehearsal is on the big stage at the Wiigulga Sports Complex! We encourage parents to drop off their child once signed in and arrive at the pick up time - if you would like to stay for rehearsals & help with the shows you can sign up to be a Volunteer Parent Helper!

Student Drop Off & Pick Up is at the back entrance of the Wiigulga Sports Complex (opposite Woolgoolga High School.) Parents must sign their child in and out at the back of the building - our lovely Backstage Manager Sharon will be there to greet you!

## What to bring:

- Water Bottle & Snacks. Colouring Books / things to keep occupied are recommended for students who have a long rehearsal
- Correct dance stockings & dance shoes
- Please label all personal items so that we know if you've left something!
- Don't forget to sign up to be a Volunteer Parent Helper if you can and help with the rehearsals & show

JUNIOR CLASSES IN WHOLE SHOW	Teacher	Arrive	Pick Up
Wonderland Characters ( Lost Boys in Act Two Only)	Matt/Jade	4.00pm	8.30pm
Most Eisteddfod Team students	Tegan/Amy	4.00pm	8.00pm
JUNIOR CLASSES IN ACT ONE ONLY	Teacher	Arrive	Pick Up
Pri / Jnr Tap Saturday	Amy	4.00pm	6.30pm
8s Primary Eisteddfod Team	Tegan	4.00pm	6.30pm
Primary Adv MT Saturday	Вес	4.00pm	6.30pm
Grade 1-2 Ballet Saturday	Jade	4.00pm	6.30pm
Ella Wakefield Solo	Alyssa	4.00pm	6.30pm
Saachi & Emily Duet	Alyssa	4.00pm	6.30pm
P <del>rimary Combo Mon</del>	<del>Carol</del>	Not rehearsing this day	
Primary Combo Saturday	Carol	Not rehearsing this day	
Pre Primary Wednesday	Hayley / Jade	Not rehearsing this day	
Fairy Feet Ballet Tuesday	Carol	Not rehearsing this	day
JUNIOR CLASSES IN ACT TWO ONLY	Teacher	Arrive	Pick Up
Pri/Jnr Hip Hop SAT	Matthew	5.45pm	7.00pm
Maya Brand Solo	Alyssa	5.45pm	7.30pm
Zoe & Mali Duet	Kaity	5.45pm	7.30pm
Jnr/Int Hip Hop WED	Tegan / Seeana	5.45pm	7.45pm
Jnr KLT	Amy	5.45pm	8.00pm
Jnr Lyrical/Contemp	Amy	5.45pm	7.45pm
Jnr Adv MT Sat	Billie	5.45pm	7.45pm
Mimi Solo / Olivia, Ella, Ivy Trio	Alyssa	5.45pm	8.30pm
Riley & Bonnie Solo	Cleo	5.45pm	8.30pm
Lost Boy Characters	Matt / Jade	5.45pm	8.30pm
Pri Adv Ballet Saturday	Amy	5.45pm	7.00pm

## STAGE REHEARSAL @ WIIGULGA COMPLEX THURSDAY 28TH NOVEMBER

A Stage rehearsal takes place of our usual studio classes, with full hair & makeup (but no costumes). The objective of this rehearsal is to run the full Wonderland Production in its full 'flow' for the first time so students understand how the show works and get to watch each other for the first time! This rehearsal is on the big stage at the Wiigulga Sports Complex! We encourage parents to drop off their child once signed in and arrive at the pick up time - if you would like to stay for rehearsals & help with the shows you can sign up to be a Volunteer Parent Helper!

Student Drop Off & Pick Up is at the back entrance of the Wiigulga Sports Complex (opposite Woolgoolga High School.) Parents must sign their child in and out at the back of the building - our lovely Backstage Manager Sharon will be there to greet you!

## What to bring:

- Water Bottle & Snacks. Colouring Books / things to keep occupied are recommended for students who have a long rehearsal
- Correct dance stockings & dance shoes
- Please label all personal items so that we know if you've left something!
- Don't forget to sign up to be a Volunteer Parent Helper if you can and help with the rehearsals & show

NTER / INTER ADV STAGE REHEARS	ALS - THURSE	DAY 28TH NO	OVEMBER
INTER CLASSES IN WHOLE SHOW	Teacher	Arrive	Pick Up
Wonderland Characters (Lost Boys in Act Two only)	100001101	4.45pm	9.00pm
NTER CLASSES/SOLOS IN ACT ONE ONLY	Teacher	Arrive	Pick Up
nter Adv MT Sat	Jade	4.45pm	7.15pm
nter MT Thursday	Bec	4.45pm	7.15pm
nter KLT	Ella	4.45pm	7.15pm
nter Adv Hip Hop	Cleo	4.45pm	7.15pm
nter Adv KLT	Kaity	4.45pm	7.15pm
Grade 3 Ballet Thurs	Jade	4.45pm	7.15pm
Grade 3-5 Ballet	Jade	4.45pm	7.15pm
nter Adv Lyrical	Kaity	4.45pm	7.15pm
aachi & Emily Duet	Alyssa	4.45pm	7.15pm
Ila Wakefield Solo	Alyssa	4.45pm	7.15pm
NTER CLASSES/SOLOS IN ACT TWO ONLY	Teacher	Arrive	Pick Up
nter Adv/Teen MT Thursday	Bec Rich	6.15pm	8.15pm
nr Inter Tap Tues	Ella	6.15pm	8.15pm
nter Lyrical/Contemp Tues	Ella	6.15pm	8.15pm
Zoe & Mali Duet	Kaity	6.15pm	8.15pm
nter Adv Contemp Monday	Kaity	6.15pm	8.45pm
0s Junior Eisteddfod Team	Kaity	6.15pm	8.45pm
/limi Solo	Alyssa	6.15pm	9.00pm
Maya Brand Solo	Alyssa	6.15pm	8.15pm
Riley & Bonnie Duet	Cleo	6.15pm	9.00pm
Lost Boy Characters	Jade / Matt	6.15pm	9.00pm

## TECHNICAL REHEARSAL @ WIIGULGA COMPLEX FRIDAY 29TH NOVEMBER

A Technical rehearsal is where we practise our Production with lights, sound and sets and practise in full hair & makeup and costumes. This is the rehearsal that has all of the elements of the show that students will perform with on the actual day. This rehearsal allows students to feel what its like to dance and sing under stage lighting and with added surroundings like set pieces and extra tech equipment. We encourage parents to drop off their child once signed in and arrive at the pick up time - if you would like to stay for rehearsals & help with the shows you can sign up to be a Volunteer Parent Helper! Student Drop Off & Pick Up is at the back entrance of the Wiigulga Complex. Parents must sign their child in and out at the back of the building - our lovely Backstage Manager Sharon will be there to greet you!

What to bring:

- Water Bottle & Snacks. Colouring Books / things to keep occupied are recommended for students who have a long rehearsal
- Correct dance stockings & dance shoes, flesh/nude undergarments (we will be practising in costumes!)
- Please label all personal items so that we know if you've left something!
  Bring a wide washing basket or tub for your child to keep their bags and things together in one spot
- Don't forget to sign up to be a Volunteer Parent Helper if you can and help with the rehearsals & show

INTER / INTER ADV TECH REHEARSAL *Please note, we are starting with Act Two this day to rotate the la		9TH NOVEM	BER
INTER CLASSES IN WHOLE SHOW	Teacher	Arrive	Pick Up
Wonderland Characters (Lost Boys in Act Two Only)		4.15pm	8.45pm
INTER CLASSES/SOLOS IN ACT ONE ONLY	Teacher	Arrive	Pick Up
Inter Adv MT Sat	Jade	6.00pm	8.15pm
Inter MT Thursday	Bec	6.00pm	8.15pm
Inter KLT	Ella	6.00pm	8.15pm
Inter Adv Hip Hop	Cleo	6.00pm	8.15pm
Inter Adv KLT	Kaity	6.00pm	8.15pm
Grade 3 Ballet Thurs	Jade	6.00pm	8.45pm
Grade 3-5 Ballet	Jade	6.00pm	8.45pm
Inter Adv Lyrical	Kaity	6.00pm	8.45pm
Saachi & Emily Duet	Alyssa	6.00pm	8.45pm
Ella Wakefield Solo	Alyssa	6.00pm	8.45pm
INTER CLASSES/SOLOS IN ACT TWO ONLY	Teacher	Arrive	Pick Up
Inter Adv/Teen MT Thursday	Bec Rich	4.15pm	7.00pm
Jnr Inter Tap Tues	Ella	4.15pm	7.00pm
Inter Lyrical/Contemp Tues	Ella	4.15pm	7.00pm
Zoe & Mali Duet	Kaity	4.15pm	7.00pm
Inter Adv Contemp Monday	Kaity	4.15pm	7.00pm
10s Junior Eisteddfod Team	Kaity	4.15pm	7.00pm
Mimi Solo	Alyssa	4.15pm	7.00pm
Maya Brand Solo	Alyssa	4.15pm	7.00pm
Riley & Bonnie Duet	Cleo	4.15pm	7.00pm
Lost Boy Characters	Jade / Matt	4.15pm	7.00pm

## TECH REHEARSAL @ WIIGULGA COMPLEX **SATURDAY 30TH NOVEMBER**

A Technical rehearsal is where we practise our Production with lights, sound and sets and practise in full hair & makeup and costumes. This is the rehearsal that has all of the elements of the show that students will perform with on the actual day. This rehearsal allows students to feel what its like to dance and sing under stage lighting and with added surroundings like set pieces and extra tech equipment. We encourage parents to drop off their child once signed in and arrive at the pick up time - if you would like to stay for rehearsals & help with the shows you can sign up to be a Volunteer Parent Helper! Student Drop Off & Pick Up is at the back entrance of the Wiigulga Complex. Prents must sign their child in and out at the back of the building - our lovely Backstage Manager Sharon will be there to greet you!

What to bring:

- Water Bottle & Snacks. Colouring Books / things to keep occupied are recommended for students who have a long rehearsal
- Correct dance stockings & dance shoes, flesh/nude undergarments (we will be practising in costumes!)

Please label all personal items so that we know if you've left something!

Bring a wide washing basket or tub for your child to keep their bags and things together in one spot

Don't forget to sign up to be a Volunteer Parent Helper if you can and help with the rehearsals & show

SAT 30TH NOV - PRIMARY / JUNIOR - TECH REHEARSAL					
JUNIOR CLASSES IN WHOLE SHOW	Teacher	Arrive	Pick Up		
Wonderland Characters (Lost Boys in Act Two only)	Matt/Jade	8.30am	1.00pm		
Most Eisteddfod Team students	Tegan/Amy	8.30am	1.00pm		
JUNIOR CLASSES IN ACT ONE ONLY					
Pri / Jnr Tap Saturday	Amy	8.30am	11.00am		
8s Primary Eisteddfod Team	Tegan	8.30am	11.00am		
Primary Adv MT Saturday	Bec	8.30am	11.00am		
Grade 1-2 Ballet Saturday	Jade	8.30am	11.00am		
Saachi & Emily Duet	Alyssa	8.30am	11.00am		
Ella W Solo	Alyssa	8.30am	11.00am		
Primary Combo Mon	Carol	1.00pm	2.15pm		
Primary Combo Saturday	Carol	1.00pm	2.15pm		
Pre Primary Wednesday	Hayley / Jade	1.00pm	2.15pm		
Fairy Feet Ballet Tuesday	Carol	1.00pm	2.15pm		
JUNIOR CLASSES IN ACT TWO ONLY	Teacher	Arrive	Pick Up		
Pri/Jnr Hip Hop SAT	Matthew	10.30am	1.00pm		
Maya Brand Solo	Alyssa	10.30am	1.00pm		
Zoe & Mali Duet	Kaity	10.30am	1.00pm		
Jnr/Int Hip Hop WED	Tegan / Seeana	10.30am	1.00pm		
Jnr Lyrical/Contemp	Amy	10.30am	1.00pm		
Jnr Adv MT	Billie	10.30am	1.00pm		
Jnr KLT	Amy	10.30am	1.00pm		
Mimi Solo / Ella, Olivia, Ivy Trio	Alyssa	10.30am	1.00pm		
Riley & Bonnie Solo	Cleo	10.30am	1.00pm		
Lost Boy Characters	Matt / Jade	10.30am	1.00pm		
Pri Adv Ballet Saturday	Amy	10.30am	1.00pm		



## IT'S SHOWTIME! @ WIIGULGA COMPLEX SATURDAY 30TH NOVEMBER

The day of your child's production is finally here, and it promises to be a magical experience! This is a wonderful opportunity to celebrate your little dancer's hard work and creativity. To keep the atmosphere joyful at home, focus on the excitement of the day—play uplifting music, share stories about their dance journey, and encourage your child to express their feelings. As you get ready together, enjoy the special moments of doing their hair and makeup—it's a chance to bond and create lasting memories. Remember, your positive energy will set the tone for the day, so let your enthusiasm shine! We can't wait to see all the smiling faces on stage!

On concert day, you can relax knowing that WPAS has your child's costumes covered! We'll take care of all the costume arrangements, ensuring that everything is in perfect condition for the big performance.

As a reminder, please have your child wear a jacket that can be zipped over their costume for easy travel. This will help keep their outfit safe and tidy until it's time to shine on stage! We're excited to make this day as smooth and enjoyable as possible for both you and your little dancer. Thank you for your trust, and let's make this experience unforgettable for both you and your child!

INTER / INTER ADV SHOW - SAT 30TH NOV 6.00pm		
4.30pm	Inter / Inter Adv Act One & Act Two students arrive at the Wiigulga Complex with hair and make up done Act One students will dress in their first costume	
5.00pm - 5.30pm	Warm ups onstage, Mic checks, Finale practise	
5.30pm - 6.00pm	Have a snack, water and get ready for Act One! Audience arrives	
6.00pm - 7.15pm	Act One of Wonderland (Act two students will get into costume & watch Act One)	
7.15pm - 7.30pm	Small Interval break	
7.30pm	Act One students can be picked up from the Back Door at 7.30pm or stay and watch Act Two	
7.30pm - 8.45pm	Act Two of Wonderland	
9.00pm	Act Two students can be picked up / Act One students watching can be picked up at 9.00pm	

## SHOW TIME @ WIIGULGA COMPLEX SUNDAY 1ST DECEMBER

The day of your child's production is finally here, and it promises to be a magical experience! This is a wonderful opportunity to celebrate your little dancer's hard work and creativity. To keep the atmosphere joyful at home, focus on the excitement of the day—play uplifting music, share stories about their dance journey, and encourage your child to express their feelings. As you get ready together, enjoy the special moments of doing their hair and makeup—it's a chance to bond and create lasting memories. Remember, your positive energy will set the tone for the day, so let your enthusiasm shine! We can't wait to see all the smiling faces on stage!

On concert day, you can relax knowing that WPAS has your child's costumes covered! We'll take care of all the costume arrangements, ensuring that everything is in perfect condition for the big performance.

As a reminder, please have your child wear a jacket that can be zipped over their costume for easy travel. This will help keep their outfit safe and tidy until it's time to shine on stage! We're excited to make this day as smooth and enjoyable as possible for both you and your little dancer. Thank you for your trust, and let's make this experience unforgettable for both you and your child!

ACT ONE STUDENTS - SUNDAY 1ST DECEMBER			
9.45am	Primary & Junior Act One students arrive with hair and make up done. Act One students will dress in their first costume		
10.10am - 10.30am	Warm ups onstage, Mic checks, Finale practise		
10.30am - 11.00am	Have a snack, water and get ready for Act One! Audience arrives.		
11.00am - 12.10pm	Act One of Wonderland		
12.10pm - 12.30pm	Small Interval break		
12.30pm	Act One students can be picked up from the Back Door at 12.30pm or stay and watch Act Two		
12.30pm - 1.40pm	Act Two of Wonderland		
2.00pm	Act One students watching can be picked up at 2.00pm		
ACT TWO ST	UDENTS - SUNDAY 1ST DECEMBER		
10.00am	Act Two students arrive at the Wiigulga Complex with hair and make up done		
10.10am - 10.30am	Warm ups onstage, Mic checks, Finale practise		
10.30am - 11.00am	Have a snack, water and get ready for Act One! Audience arrives.  (Act two students will get into costume & watch Act One)		
11.00am - 12.10pm	Act One of Wonderland		
12.10pm - 12.30pm	Small Interval break		
12.30pm - 1.40pm	Act Two of Wonderland		
2.00pm	Act Two students can be picked up at 2.00pm		

(()()   V	CLASS/ACTORS	TEACHER	MICS
ROUTINE/SCENE SCENE 1 - THE FIGHT	CEAGS/ACTORS	ILACIILI	( WIIC3
Dialogue	Alice (Dahlia), Mother (Millie)	Matt	2 Mics
Vonderland Opening	Inter Adv MT Saturday + Character Leads	Jade and Matt	
CENE 2 - DOWN THE RABBIT			
Rabbits / Pocket Watch	Inter Adv KLT	Kaity	O Miss
Dialogue Down the Rabbit Hole	Andrew (Jude), White Rabbit (Amelia) Inter Adv Hop Hop	Matt Cleo	2 Mics
Dialogue		Matt	
Vhite Rabbit Solo		Alyssa	
Velcome to Wonderland	Inter Adv MT Sat	Jade	Class Mics
CENE 3 - CHESHIRE CAT			
Senior Guest Soloist Dialogue	Ella grace Andrew (Jude), Cheshire (Emerald)	Matt	2 Mics
Everybody Wants to Be A Cat		Bec Rich	Class Mics
Dialogue	,	Matt	2 Mics
Quiet		Bec Rich	Class Mics
INISH: Inter MT Thursday, Inter	KLT, Inter Adv Hip Hop, Inter Adv KLT		
CENE 4 - DODO & CATERPILL			
Caterpillar	Grade % Tuesday	Jade	0.14
<u>Dialoque</u> Caterpillar	Dodo (Edie), Caterpillar (Saachi), Alice (Dahlia) Grade 3 Thursday	Matt Jade	2 Mics
Senior Guest Soloist	Seeana Seeana	Dauc	
Saachi & Emily Duo	Saachi & Emily	Alyssa	
CENE 5 - LOST BOYS HEARIN	IG		
Dialogue	King of Hearts (Spence), Queen of Hearts (Freya), Queen of Diamonds (Ellouise), Queen of Spades (Lily), Queen of clubs (Sabine), Doormouse (Nick), Andrew (Jude)		3 Mics
Vhat you waiting for	Inter KLT	Ella G	
aisies	Inter Adv Lyrical	Kaity	
INISH: Inter KLT, Grade % Ballet	, Inter ADv Lyrical	•	-
ND OF ACT ONE			
CENE 6 - DUCHESS & THE CO	оок		
Dialogue	Duchess (Everly), Cook (Alessi) , Small Alice (Jentah), Cheshire (Emerald)	Matt	
Dialogue	Peter (Riley), Tinkerbell (Bonnie)	Matt	
ime/Card Deck	Jnr/Inter Tap Tues	Amy	
CENE 7 - THE TEA PARTY		,	
Senior Guest Duet	Matt & Ella Sinclair?		
Dialogue	March Hare (Iggy), Mad Hatter (Ari), Peter Pan (Riley), Tinkerbell (Bonnie), Doormouse (Nick), Tall Alice (Mimi), White Rabbit (Amelia)		6 Mics
all Alice Solo	Mimi Dance Solo, Sung by Freya	Alyssa	1 Mic
CENE 8 - THE TEA PARTY PA	RT TWO		
reak Flag	Inter Adv/Teen MT Thursday	Bec Rich	Class Mics
Dialogue	leter Adv/Teen MT Thurs		Class Mics
	inter Adviteen wit thurs	Bec Rich	
		Bec Rich	
)ay - O	Inter Adv/Teen MT Thursday	Bec Rich Bec Rich	Class Mics
oay - O i <mark>inish:</mark> Inter MT Adv Thursday, J	Inter Adv/Teen MT Thursday		
oay - O f <mark>inish: Inter MT Adv Thursday, J</mark> CENE 9 - THE CELL	Inter Adv/Teen MT Thursday  nr Inter Tap Tues,	Bec Rich	
oay - O f <mark>inish: Inter MT Adv Thursday, J</mark> CENE 9 - THE CELL Rose Painter Solo	Inter Adv/Teen MT Thursday  Inter Tap Tues,  Maya Brand	Bec Rich	
oay - O  inish: Inter MT Adv Thursday, J  CENE 9 - THE CELL  cose Painter Solo  rainting the Roses Red	Inter Adv/Teen MT Thursday  Inter Tap Tues,  Maya Brand Inter Lyrical/Contemp	Bec Rich Ella Ella	Class Mics
oay - O f <mark>inish: Inter MT Adv Thursday, J</mark> CENE 9 - THE CELL Rose Painter Solo	Inter Adv/Teen MT Thursday  Inter Tap Tues,  Maya Brand Inter Lyrical/Contemp	Bec Rich	
oay - O  inish: Inter MT Adv Thursday, J  CENE 9 - THE CELL  cose Painter Solo  rainting the Roses Red	Inter Adv/Teen MT Thursday  Inter Tap Tues,  Maya Brand Inter Lyrical/Contemp  King of Hearts (Spencer), Jack of Hearts (Molly), Andrew (Jude), Tweedle Dee (Evie), Tweedle Dum (Isla),	Bec Rich Ella Ella	Class Mics
Day - O  Finish: Inter MT Adv Thursday, J  FICENE 9 - THE CELL  Rose Painter Solo  Painting the Roses Red  Dialogue	Inter Adv/Teen MT Thursday  Inter Tap Tues,  Maya Brand Inter Lyrical/Contemp  King of Hearts (Spencer), Jack of Hearts (Molly), Andrew (Jude), Tweedle Dee (Evie), Tweedle Dum (Isla),  Zoe & Mali Duet	Bec Rich Ella Ella Matt	Class Mics
Day - O  Finish: Inter MT Adv Thursday, J  FICENE 9 - THE CELL  Rose Painter Solo  Painting the Roses Red  Dialogue  Fiveedle Dance Duet	Inter Adv/Teen MT Thursday  Inter Tap Tues,  Maya Brand Inter Lyrical/Contemp  King of Hearts (Spencer), Jack of Hearts (Molly), Andrew (Jude), Tweedle Dee (Evie), Tweedle Dum (Isla),  Zoe & Mali Duet	Bec Rich Ella Ella Matt	Class Mics
Day - O  Finish: Inter MT Adv Thursday, J  FICENE 9 - THE CELL  Rose Painter Solo  Painting the Roses Red  Dialogue  Fiweedle Dance Duet  FIGENE 10 - THE CELL PART TO	Inter Adv/Teen MT Thursday  Inter Tap Tues,  Maya Brand Inter Lyrical/Contemp  King of Hearts (Spencer), Jack of Hearts (Molly), Andrew (Jude), Tweedle Dee (Evie), Tweedle Dum (Isla),  Zoe & Mali Duet	Bec Rich Ella Ella Matt	Class Mics  5 Mics
Day - O  Cinish: Inter MT Adv Thursday, J  CENE 9 - THE CELL  Rose Painter Solo  Cainting the Roses Red  Dialogue  CHART TO  Dialogue	Inter Adv/Teen MT Thursday  Inter Tap Tues,  Maya Brand Inter Lyrical/Contemp  King of Hearts (Spencer), Jack of Hearts (Molly), Andrew (Jude), Tweedle Dee (Evie), Tweedle Dum (Isla),  Zoe & Mali Duet  NO  Tweedle Dee (Evie), Tweedle Dum (Isla), Peter Pan (Riley)	Bec Rich Ella Ella Matt	Class Mics 5 Mics
Day - O  Finish: Inter MT Adv Thursday, J  CENE 9 - THE CELL  Rose Painter Solo  Painting the Roses Red  Dialogue  Fiveedle Dance Duet  CENE 10 - THE CELL PART TO  Dialogue  Fiveedle Dee & Dum Dance Duet	Inter Adv/Teen MT Thursday  Inter Tap Tues,  Maya Brand Inter Lyrical/Contemp  King of Hearts (Spencer), Jack of Hearts (Molly), Andrew (Jude), Tweedle Dee (Evie), Tweedle Dum (Isla),  Zoe & Mali Duet  NO  Tweedle Dee (Evie), Tweedle Dum (Isla), Peter Pan (Riley)	Bec Rich Ella Ella Matt	Class Mics 5 Mics
Day - O  Sinish: Inter MT Adv Thursday, J  SCENE 9 - THE CELL  Rose Painter Solo  Painting the Roses Red  Dialogue  Sweedle Dance Duet  SCENE 10 - THE CELL PART TO  Dialogue  Sweedle Dee & Dum Dance Duet  SCENE 11 - LOST BOYS  Dialogue	Inter Adv/Teen MT Thursday  Inter Tap Tues,  Maya Brand Inter Lyrical/Contemp  King of Hearts (Spencer), Jack of Hearts (Molly), Andrew (Jude), Tweedle Dee (Evie), Tweedle Dum (Isla),  Zoe & Mali Duet  WO  Tweedle Dee (Evie), Tweedle Dum (Isla), Peter Pan (Riley)  Caitlin & Kari * Senior Guests  Foldes (Camilla), Curly (Isla) Latch (Arabella) Pockets (Joy) Rufio (Ellie), The Duchess (Everly), The Cook (Alessi)	Ella Ella Matt Kaity	Class Mics  5 Mics
Day - O  Sinish: Inter MT Adv Thursday, J  SCENE 9 - THE CELL  Rose Painter Solo  Painting the Roses Red  Dialogue  Sweedle Dance Duet  SCENE 10 - THE CELL PART TO  Dialogue  Weedle Dee & Dum Dance Duet  SCENE 11 - LOST BOYS  Dialogue  Wild Things Are	Inter Adv/Teen MT Thursday  Inter Tap Tues,  Maya Brand Inter Lyrical/Contemp  King of Hearts (Spencer), Jack of Hearts (Molly), Andrew (Jude), Tweedle Dee (Evie), Tweedle Dum (Isla),  Zoe & Mali Duet  WO  Tweedle Dee (Evie), Tweedle Dum (Isla), Peter Pan (Riley)  Caitlin & Kari * Senior Guests  Foldes (Camilla), Curly (Isla) Latch (Arabella) Pockets (Joy) Rufio (Ellie), The Duchess (Everly), The Cook (Alessi)	Bec Rich Ella Ella Matt	Class Mics 5 Mics
Day - O  Sinish: Inter MT Adv Thursday, J  SCENE 9 - THE CELL  Rose Painter Solo  Painting the Roses Red  Dialogue  Sweedle Dance Duet  SCENE 10 - THE CELL PART TO  Dialogue  Sweedle Dee & Dum Dance Duet  SCENE 11 - LOST BOYS  Dialogue	Inter Adv/Teen MT Thursday  Inter Tap Tues,  Maya Brand Inter Lyrical/Contemp  King of Hearts (Spencer), Jack of Hearts (Molly), Andrew (Jude), Tweedle Dee (Evie), Tweedle Dum (Isla),  Zoe & Mali Duet  WO  Tweedle Dee (Evie), Tweedle Dum (Isla), Peter Pan (Riley)  Caitlin & Kari * Senior Guests  Foldes (Camilla), Curly (Isla) Latch (Arabella) Pockets (Joy) Rufio (Ellie), The Duchess (Everly), The Cook (Alessi)	Ella Ella Matt Kaity	Class Mics  5 Mics
Day - O  Sinish: Inter MT Adv Thursday, J  SCENE 9 - THE CELL  Rose Painter Solo  Painting the Roses Red  Dialogue  Sweedle Dance Duet  SCENE 10 - THE CELL PART TO  Dialogue  Weedle Dee & Dum Dance Duet  SCENE 11 - LOST BOYS  Dialogue  Wild Things Are	Inter Adv/Teen MT Thursday  Inter Tap Tues,  Maya Brand Inter Lyrical/Contemp  King of Hearts (Spencer), Jack of Hearts (Molly), Andrew (Jude), Tweedle Dee (Evie), Tweedle Dum (Isla),  Zoe & Mali Duet  NO  Tweedle Dee (Evie), Tweedle Dum (Isla), Peter Pan (Riley)  Caitlin & Kari * Senior Guests  Foldes (Camilla), Curly (Isla) Latch (Arabella) Pockets (Joy) Rufio (Ellie), The Duchess (Everly), The Cook (Alessi)  Inter Adv Contemp Monday	Ella Ella Matt Kaity	Class Mics 5 Mics
Day - O  Finish: Inter MT Adv Thursday, J  GCENE 9 - THE CELL  Rose Painter Solo  Painting the Roses Red  Dialogue  Fiveedle Dance Duet  GCENE 10 - THE CELL PART TO  Dialogue  Weedle Dee & Dum Dance Duet  GCENE 11 - LOST BOYS  Dialogue  Vild Things Are  GCENE 12 - THE TRIAL	Inter Adv/Teen MT Thursday  Inter Tap Tues,  Maya Brand Inter Lyrical/Contemp  King of Hearts (Spencer), Jack of Hearts (Molly), Andrew (Jude), Tweedle Dee (Evie), Tweedle Dum (Isla),  Zoe & Mali Duet  NO  Tweedle Dee (Evie), Tweedle Dum (Isla), Peter Pan (Riley)  Caitlin & Kari * Senior Guests  Foldes (Camilla), Curly (Isla) Latch (Arabella) Pockets (Joy) Rufio (Ellie), The Duchess (Everly), The Cook (Alessi)  Inter Adv Contemp Monday	Ella Ella Matt Kaity	Class Mics  5 Mics
Day - O  Finish: Inter MT Adv Thursday, J  GENE 9 - THE CELL  Rose Painter Solo  Painting the Roses Red  Dialogue  Fixeedle Dance Duet  GENE 10 - THE CELL PART TO  Dialogue  Weedle Dee & Dum Dance Duet  GENE 11 - LOST BOYS  Dialogue  Vild Things Are  GENE 12 - THE TRIAL  Cards Trio	Inter Adv/Teen MT Thursday  Inter Tap Tues,  Maya Brand Inter Lyrical/Contemp  King of Hearts (Spencer), Jack of Hearts (Molly), Andrew (Jude), Tweedle Dee (Evie), Tweedle Dum (Isla),  Zoe & Mali Duet  NO  Tweedle Dee (Evie), Tweedle Dum (Isla), Peter Pan (Riley)  Caitlin & Kari * Senior Guests  Foldes (Camilla), Curly (Isla) Latch (Arabella) Pockets (Joy) Rufio (Ellie), The Duchess (Everly), The Cook (Alessi)  Inter Adv Contemp Monday  Ella, Ivy, Olivia Cards Trio	Ella Ella Matt Kaity	5 Mics 3 Mics
Day - O  Sinish: Inter MT Adv Thursday, J  GENE 9 - THE CELL  Rose Painter Solo  Painting the Roses Red  Dialogue  SWeedle Dance Duet  GENE 10 - THE CELL PART TO  Dialogue  Weedle Dee & Dum Dance Duet  GENE 11 - LOST BOYS  Dialogue  Vild Things Are  GENE 12 - THE TRIAL  Cards Trio  Dialogue	Inter Adv/Teen MT Thursday  Inter Tap Tues,  Maya Brand Inter Lyrical/Contemp  King of Hearts (Spencer), Jack of Hearts (Molly), Andrew (Jude), Tweedle Dee (Evie), Tweedle Dum (Isla),  Zoe & Mali Duet  NO  Tweedle Dee (Evie), Tweedle Dum (Isla), Peter Pan (Riley)  Caitlin & Kari * Senior Guests  Foldes (Camilla), Curly (Isla) Latch (Arabella) Pockets (Joy) Rufio (Ellie), The Duchess (Everly), The Cook (Alessi)  Inter Adv Contemp Monday  Ella, Ivy, Olivia Cards Trio  All characters except mother	Ella Ella Matt Kaity	5 Mics 3 Mics
Day - O  Sinish: Inter MT Adv Thursday, J  GENE 9 - THE CELL  Rose Painter Solo  Painting the Roses Red  Dialogue  SWeedle Dance Duet  GENE 10 - THE CELL PART TO  Dialogue  Weedle Dee & Dum Dance Duet  GENE 11 - LOST BOYS  Dialogue  Vild Things Are  GENE 12 - THE TRIAL  Cards Trio  Dialogue  Senior Guest Performer  Scenior Guest Performer  Spring Street  Senior Guest Performer  Spring Street  Senior Guest Performer	Inter Adv/Teen MT Thursday  Inter Tap Tues,  Maya Brand Inter Lyrical/Contemp  King of Hearts (Spencer), Jack of Hearts (Molly), Andrew (Jude), Tweedle Dee (Evie), Tweedle Dum (Isla),  Zoe & Mali Duet  NO  Tweedle Dee (Evie), Tweedle Dum (Isla), Peter Pan (Riley)  Caitlin & Kari * Senior Guests  Foldes (Camilla), Curly (Isla) Latch (Arabella) Pockets (Joy) Rufio (Ellie), The Duchess (Everly), The Cook (Alessi)  Inter Adv Contemp Monday  Ella, Ivy, Olivia Cards Trio  All characters except mother  Issy Stockton Solo + Tiana**Senior Guest?  Josie Armstrong?	Ella Ella Matt Kaity	5 Mics 3 Mics
Day - O  Sinish: Inter MT Adv Thursday, J  SCENE 9 - THE CELL  Rose Painter Solo  Painting the Roses Red  Dialogue  SWeedle Dance Duet  Dialogue  Weedle Dee & Dum Dance Duet  SCENE 10 - THE CELL PART TO  Dialogue  Widd Things Are  SCENE 12 - THE TRIAL  Cards Trio  Dialogue  Senior Guest Performer	Inter Adv/Teen MT Thursday  Inter Tap Tues,  Maya Brand Inter Lyrical/Contemp  King of Hearts (Spencer), Jack of Hearts (Molly), Andrew (Jude), Tweedle Dee (Evie), Tweedle Dum (Isla),  Zoe & Mali Duet  NO  Tweedle Dee (Evie), Tweedle Dum (Isla), Peter Pan (Riley)  Caitlin & Kari * Senior Guests  Foldes (Camilla), Curly (Isla) Latch (Arabella) Pockets (Joy) Rufio (Ellie), The Duchess (Everly), The Cook (Alessi)  Inter Adv Contemp Monday  Ella, Ivy, Olivia Cards Trio  All characters except mother  Issy Stockton Solo + Tiana**Senior Guest?  Josie Armstrong?	Ella Ella Matt Kaity  Kaity  Alyssa	5 Mics 3 Mics
Day - O  Sinish: Inter MT Adv Thursday, J  GENE 9 - THE CELL  Rose Painter Solo  Painting the Roses Red  Dialogue  SWeedle Dance Duet  GENE 10 - THE CELL PART TO  Dialogue  Weedle Dee & Dum Dance Duet  GENE 11 - LOST BOYS  Dialogue  Vild Things Are  GENE 12 - THE TRIAL  Cards Trio  Dialogue  Senior Guest Performer  Scenior Guest Performer  Spring Street  Senior Guest Performer  Spring Street  Senior Guest Performer	Inter Adv/Teen MT Thursday  Inter Tap Tues,  Maya Brand Inter Lyrical/Contemp  King of Hearts (Spencer), Jack of Hearts (Molly), Andrew (Jude), Tweedle Dee (Evie), Tweedle Dum (Isla),  Zoe & Mali Duet  No  Tweedle Dee (Evie), Tweedle Dum (Isla), Peter Pan (Riley)  Caitlin & Kari * Senior Guests  Foldes (Camilla), Curly (Isla) Latch (Arabella) Pockets (Joy) Rufio (Ellie), The Duchess (Everly), The Cook (Alessi)  Inter Adv Contemp Monday  Ella, Ivy, Olivia Cards Trio  All characters except mother  Issy Stockton Solo + Tiana**Senior Guest?  Josie Armstrong?  U10s JNR Eisteddfod Team	Ella Ella Matt Kaity  Kaity  Alyssa	5 Mics 3 Mics

	SUNDAY 1ST DECEMBER - ACT ONE 11.00AM / ACT TWO 12.30PM	
OUTINE/SCENE	CLASS/ACTORS	TEACHER
CT ONE - SCENE 1 - THE	FIGHT	
ialogue	Alice (Dahlia), Mother (Millie)	Matt
onderland Opening	Inter Adv MT Saturday + Character Leads	Jade and Ma
CT ONE - SCENE 2 - DOW		<b>.</b>
ialogue unnies Dance #1	Andrew (Jude), White Rabbit (Amelia) Primary Combo Saturday	Matt Carol
alling	Pri Adv MT Saturday	Bec Rich
unnies Dance #2	Primary Combo Saturday	Carol
oogie Wonderland	8s Primary Eisteddfod Team	Tegan/Seear
alogue	White Rabbit (Amelia), Alice (Dahlia)	Matt
hite Rabbit Solo	Ella Wakefield	Alyssa
elcome to Wonderland	Inter Adv MT Sat	Jade
CT ONE - SCENE 3 - CHE		
ialogue ats Dance #1	Andrew (Jude), Cheshire (Emerald)	Matt
unnies Dance #1	Pri/Jnr Tap Sat Pre Primary Ballet Wed	Amy Hayley
alogue	Alice (Dahlia), Cheshire (Emerald)	Matt
ats Dance #2	Pri/Jnr Tap Sat	Amy
unnies Dance 2	Pre Primary Ballet Wed	Hayley
l Alone in Wonderland	Pri Adv MT Sat	Bec Rich
CT ONE - SCENE 4 - DOD		
utterflies Dance #1	Fairy Feet Ballet (Tues)	Carol
ialogue	Dodo (Edie), Caterpillar (Saachi), Alice (Dahlia)	Matt
utterflies Dance #2	Fairy Feet Ballet (Tues)	Carol
aachi & Emily Duo CT ONE - SCENE 5 - LOS	Saachi & Emily	Alyssa
alogue	King of Hearts (Spence), Queen of Hearts (Freya), Queen of Diamonds (Ellouise), Queen of Spades (Lily), Queen of clubs (Sabine), Doormouse (Nick), Andrew (Jude	Matt
nake it Off (Dance #1)	Primary Combo Mon	Carol
olls	Grade ½ Ballet Sat	Jade
nbirthday (Dance #2)	Primary Combo Mon	Carol
* , , ,	·	Caron
ct One Finale  ND OF ACT ONE / INTERV	Home - All Act One Students	
CT TWO - SCENE 6 - DUC		
inding Wonderland	Junior Adv MT Sat	Billie
ialogue	Duchess (Everly), Cook (Alessi), Small Alice (Jentah), Cheshire (Emerald)	Matt
ats Dance #1	Pri Adv Ballet Sat	Amy
y House (Dance 1)	Pri/Jnr Hip Hop SAT	Matt
ialogue	Peter (Riley), Tinkerbell (Bonnie)	Matt
ats Dance #2	Pri Adv Ballet Sat	Amy
A World of my own (Dance		Matt
	E TEA PARTY + EXTRA FROM SCENE 8	
ad Tea Party	Junior Adv MT Sat	Billie
ialogue	March Hare (Iggy), Mad Hatter (Ari), Peter Pan (Riley), Tinkerbell (Bonnie), Doormouse (Nick), Tall Alice (Mimi), White Rabbit (Amelia)	Matt/Tamsyn
all Alice Solo	Mimi Dance Solo, Sung by Freya	Alyssa
CT TWO - SCENE 9 - THE		Cue.
ose Painter Solo	Maya Brand	Ella
ialogue	King of Hearts (Spencer), Jack of Hearts (Molly), Andrew (Jude), Tweedle Dee (Evie), Tweedle Dum (Isla),	Matt/Tamsyn
veedle Dance Duet	Zoe & Mali Duet	Kaity
ıst Like Fire	Jnr Lyrical/Contemp	Amy
veedle Dee & Dum Dance		Tegan/Seea
CT TWO - SCENE 10 - THI		N 4 - 44 / T
alogue	Tweedle Dee (Evie), Tweedle Dum (Isla), Peter Pan (Riley)	Matt/Tamsyr
veedle Dee & Dum Dance 2 CT TWO - SCENE 11 - LOS		Tegan/Seea
ialogue	Lost Boys - Joy, Camilla, Arabella, Ellie, Isla	Matt/Tamsyr
CT TWO - SCENE 12 - THI		iviati idilisyl
ards Trio	Ella, Ivy, Olivia Cards Trio	Alyssa
alogue	All characters except mother	Matt/Tamsyr
ook What you made me do	Junior KLT	Amy
CT TWO - SCENE 13 - HO		
Try	Riley & Bonnie Duo, SC 13 characters sing	Matt Jade
y		
ialogue	All	Matt/Tamsyr

## SHOES, STOCKINGS & PERSONAL REQUIREMENTS

## **UNDERGARMENTS**

It's recommended students wear flesh coloured undergarments so that they costumes. For girls that need to wear crop tops under costumes, please skin coloured or attachable with plastic invisible straps. Boys can wear black pants are black



aren't seen underneath ensure straps are thin & briefs as most of their



## **BALLET - SHOES & STOCKINGS**

**Shoes:** Canvas or Leather Split Sole Ballet Shoes. Please wash canvas shoes / paint leather if they are dirty or marked **Stockings:** Convertible Ballet Stockings (Blush)





## **TAP SHOES & STOCKINGS**

Shoes: Tan Tap Shoes

**Stockings:** Skintone Convertible stockings from WPAS office or Market St Stitches









## **KLT - JAZZ SHOES & STOCKINGS**

**Shoes**: Camel (tan) Jazz shoes (NOW AT THE OFFICE) **Stockings:** Skintone Convertible Stockings from WPAS office **Shorts:** We ask that all Junior / Inter Jazz & Theatre students also bring or wear their own black 'shorties' for underneath costumes (available from Big W, Kmart etc)







## **MUSICAL THEATRE - SHOES & STOCKINGS**

**Shoes**: Black Jazz Shoes or Black Street Shoes with black socks

Stockings: N/A

**Shorts:** We ask that all Theatre students also bring or wear their own black 'shorties' for underneath costumes (available from Big W, Kmart etc)









## **HIP HOP - SHOES & ACCESSORIES**

Shoes: Black Street Shoes

Stockings: None

**Shorts:** Black Shorts & Crop Top for under costume









## **CONTEMP & LYRICAL - SHOES & STOCKINGS**

**Shoes:** Barefeet

**Stockings:** Skintone Convertible Stockings from WPAS office or Market St Stitches



## HAIR & MAKEUP

Stage makeup isn't about trying to make our little ones look 'older' and 'mature.' It's all about enhancing your child's features to match the heightened colours in their sets, costumes and lights around them so that their expression doesn't get lost. Bright stage lights can wash out facial features, making it hard for the audience to see expressions. Makeup helps define the face and enhances visibility from a distance. It also allows performers to embody their characters more fully and learn the process of being a performer onstage!

There are lots of brands that use mineral ingredients and free from toxins and chemicals which are a great option for stage makeup - these are best purchased from a chemist as the supermarkets can be limited. Nude by Nature and INKA are some of the regular brands



MAKEUP STEPS	TIPS
1. Foundation & Concealer (Boys & Girls)	Foundation Tip - If you feel foundation is heavy for your child's face, use a BB cream and 'build' it up. Make sure their foundation isn't lighter than their skin tone as the stage lights will naturally brighten their face. Keep it at their current skintone or a slight shade darker.
2. Eyeshadow (White, tan, gold) (Girls)	Warm Brown Eyeshadow on eyelid, white eyeshadow blended underneath the eyebrow into the brown. Gold or Shimmer can then go over the brown eyeshadow <i>Blending Tip - Use a fluffy eyeshadow brush in small circular motions</i>
3. Black Mascara + Eyebrows (Girls & Boys)	Mascara Tip - have your child close their eyes. Pull up the eyelid gently to apply mascara to the lashes whilst their eyes are closed. If eyebrows are quite fair, use a natural eyebrow pencil colour to darken them only by a shade or two
4. Black Liquid eyeliner (For Jnr / Inter / older students)	Apply Liquid Eyeliner on the top of eyelids finishing slightly off the eye and in an upwards flick
5. Blush / Bronzer (Girls & Boys)	Gently apply pink blush to apples of cheek and extend to hairline. If you have a bronzer / brown tone blush you can also apply this if you feel confident as a contour. Have your child suck in their cheeks and make a fish face, then follow the line underneath their cheekbone.
6. Bright Red Lipstick / Lip Balm (Girls & Boys)	For girls - Because the lights and our costumes are bright and colourful, wearing bright lipstick enhances our features with the setting of being onstage without having to add any heavy makeup. Lipstick Tip - for longer wearing, choose a matte lipstick with pawpaw on top so lips don't dry out but the colour doesn't move.  Boys - Boys to wear pawpaw / lip balm
HAIR FOR BOYS / MALES	TIPS
	Depending on their comfortability, as long as Boys hair is away from their face that's the most important thing! We encourage boys to style their hair for performance regardless of their hair length (you don't have to cut it shorter if they like it longer.) If their hair is long enough to tie back, you can tie it back and under itself like a bun tuck / 'man' bun.

HAIR STEPS FOR BUNS	TIPS
1. Unwashed hair = best	You would think that having freshly washed hair for a bun is the key however hair that is unwashed and has a little 'grit' in it from a day or two before is the best condition for styling your child's hair.
2. Wet / Dampen Hair	Wet or dampened hair works best. Spray their hair with a spray bottle of water before brushing their hair
3. Gel	Gel is your friend! Add a little gel to the top and sides to their hairline, where the fly always escapes. Now, brush their hair back, brushing any excess gel into the wet hair
4. Brush Hair Back	Use a "smoothing brush" or comb to brush hair into a ponytail. Regular brushes with plastic bristles aren't smooth and create separations in your hair. Any brush with close bristles will brush hair back uniformly and back into a ponytail. When you tie their hair back, ensure the ponytail is in a diagonal line with their chin so that the bun placement isn't too high or too low.
5. Hair ties & Pins  Bobby Pin Types  Jumbo Pin Regular Pin Mini Pin Hair Pin  Thai Ha Green Theorem Jeen Hair Pin  Ame & Trans  Ame	When you put their hair in a ponytail, use an elastic that matches their hair color and blends in. If you use a colored hair tie, it may be seen under the stage lights.  Bobby pins should match hair color too! Blondes, don't use black pins. Brunettes, don't use blonde or metallic pins. Not all bobby pins are the same. Find a pin that suits their hair type. Smaller pins are better for thin hair. Long jumbo pins work best for thick hair.
6. Twist the ponytail into a bun!	Twist your ponytail into a rope and wrap it around the hair tie. Be sure to pin the twisted ponytail to your head as you wrap it around. When you bobby pin your bun, pin your hair like numbers on a clock.
7. Hairnet to lock it in place	Don't forget a hair net! Select a hair net that is similar to your natural hair color and wrap it around the bun after you've pinned it. For dancers with layers in their hair, this will help keep the shorter layers tucked down and not sticking up all over the place. You can also reshape the bun at this stage if it hasn't pinned in a great shape Leave the hairnet tight around the bun and re pin the hair to create the shape
8. Hairspray	Seal the deal with a small spritz of hairspray to keep it from moving around and getting messy during costume changes.

## Avoiding burnout during production week for young performers

## What Is Performance Burnout?

Burnout isn't just about being physically exhausted from too many routines or choreography. It's when a young performer's initial love and enthusiasm for the show starts to fade, and they find it harder to stay motivated or focused. This can begin to happen due to fatigue—both mental and physical. We know our students and families juggle multiple commitments—school, family, social lives, and hours of rehearsal. With such a packed schedule ontop of this, it's easy for burnout to set in.

Students physically pushing themselves too hard can lead to injuries as performer fatigue affects more than just the muscles—it impacts the entire body.

Students can also start to lose their spark, or when the joy they once felt for dancing and performing is replaced by feelings of anxiety, doubt, or pressure. This can lead to a real struggle to maintain motivation and joy in the art form.

## Signs to look for with Performance Burnout

- If routines or steps become harder to remember or concentrate on, it might be time for more breaks or altering your schedule (you can always get in touch with us if your child needs more rest) Feeling tired after every rehearsal or show session can indicate overexertion.
- If your performer suddenly shows a lack of interest in food, their body might be under too much stress.
- A dip in motivation or excitement to perform is a key indicator of burnout.
- Increased irritability, anxiety, or sadness can point to stress overload.
- Difficulty bouncing back after tough practices or performances suggests the need for more downtime.

## **Preventing Performance Burnout**

## Communication

We will be talking openly with students about how they're feeling through the process of production week. These conversations can help gauge their emotional and physical well-being. If they're stressed or feeling overwhelmed, knowing how to approach these feelings can help both us and you help your child find a solution.

## Regular Breaks

Students will have plenty of 'down tilme' between scenes and routines, whether it's a break between rehearsals or a scheduled time off, rest and recharge is critical for long-term success and enjoyment. On their long days at the theatre we will have spaces created for them to rest / lie down if they need and quiet spaces if they get overstimulated.

## Holistic approach

A performer's body thrives on more than just practice—nutrition, sleep, and relaxation are all crucial components of staying healthy and energized. Encourage healthy habits to help maintain both physical and mental well-being.

## How you can be part of the performance process and feel prepared...

We take pride in offering high-quality production experiences for our students, families, and audiences. Each year, we learn from your feedback to refine our approach, ensuring that the production experience is enjoyable and not overwhelming for families.

To help you feel involved and part of this exciting experience, here are some key steps:

Mark your calendar: Make sure to enter all important dates related to rehearsals, performances, and events into your family calendar or diary.

Stay informed: Identify the best way for you to receive updates and information from us. We know parents are overloaded with information constantly - we don't want to be another extracurricular activity that adds to that! Staying connected with your choice of communication platform will help you keep track of everything you need to know. We recommend checking in once a week for updates to avoid information overload.

Engage with us: Don't hesitate to reach out if you have questions or need clarification. We're here to support you and ensure that the process is as smooth as possible.

Currently, we use the following communication methods (however, you can always let us know if you prefer a different method!)

- Facebook WPAS Parents & Students Info Group
- Emails
- WPAS Website (Families Tab)
- Printed handouts
- WPAS Noticeboards
- Dancestudio Pro App / Website



## HAVE YOU DOWNLOADED THE DANCE STUDIO PRO APP?

Did you know you can download the Dance Studio Pro App from the App store - Once you've logged into your account, you will always have personalised access to the information that's just for you and your child. We highly recommend it for easy access to YOUR information so that you aren't overloaded with information.

